Academic Motivation Scale

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**Instructions:** Using the scale below, please tick the response that presently corresponds to the reasons why you go to school.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Shall we change the response scale back to Vallerand’s? I think the neutral point is not right. | | | | | | |
| *1* | *2* | *3* | *4* | *5* | *6* | *7* |
| *Does not correspond at all* | *Corresponds a little* |  | *Corresponds moderately* |  | *Corresponds a lot* | *Corresponds exactly* |

*Our original scale:*

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| *1* | *2* | *3* | *4* | *5* | *6* | *7* |
| *Very untrue of me* | *Untrue of me* | *Somewhat untrue of me* | *Neutral* | *Somewhat true of me* | *True of me* | *Very true of me* |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| SUB | *why do you go to school?* | **1** | **2** | **3** | **4** | **5** | **6** | **7** | |
| ER | 1. Because I need at least a secondary school certificate (e.g., N or O levels) to find a high-paying job later on. | **O** | **O** | **O** | **O** | **O** | **O** | **O** | |
| ITK | 2. Because I feel happy and satisfied while learning new things. | **O** | **O** | **O** | **O** | **O** | **O** | **O** | |
| EID | 3. Because I think that secondary school education will help me better prepare for the job that I like. | **O** | **O** | **O** | **O** | **O** | **O** | **O** | |
| IS | 4. Because I really like going to school. | **O** | **O** | **O** | **O** | **O** | **O** | **O** | |
| AM | 5. Honestly, I don't know; I really feel that I am wasting my time in school. | **O** | **O** | **O** | **O** | **O** | **O** | **O** | |
| IA | 6. For the enjoyment that I feel when I do better than the last time in my studies. | **O** | **O** | **O** | **O** | **O** | **O** | **O** | |
| EIN | 7. To prove to myself that I am capable of completing my secondary school education. | **O** | **O** | **O** | **O** | **O** | **O** | **O** | |
| ER | 8. Because I want to get a more prestigious job (e.g., manager, engineer) later on. | **O** | **O** | **O** | **O** | **O** | **O** | **O** | |
| ITK | 9. Because I enjoy discovering new things never seen before. | **O** | **O** | **O** | **O** | **O** | **O** | **O** | |
| EID | 10. Because, in the future, it will enable me to get the job that I like. | **O** | **O** | **O** | **O** | **O** | **O** | **O** | |
| IS | 11. Because for me, school is fun. | **O** | **O** | **O** | **O** | **O** | **O** | **O** | |
| AM | 12. In the past, I had good reasons for going to school; however, now I don’t know whether I should continue. | **O** | **O** | **O** | **O** | **O** | **O** | **O** | |
| IA | 13. Because I enjoy doing better in the things that I have achieved.\*\* | **O** | **O** | **O** | **O** | **O** | **O** | | **O** |
| EIN | 14. Because when I succeed in school, I feel important. | **O** | **O** | **O** | **O** | **O** | **O** | | **O** |
| ER | 15. Because I want to have "the good life" later on. | **O** | **O** | **O** | **O** | **O** | **O** | | **O** |
| ITK | 16. Because I enjoy knowing more about subjects that I like.\*\* | **O** | **O** | **O** | **O** | **O** | **O** | | **O** |
| EID | 17. Because this will help me make a better choice about my future job. | **O** | **O** | **O** | **O** | **O** | **O** | | **O** |
| IS | 18. Because I enjoy it when I have discussions with interesting teachers.\*\* | **O** | **O** | **O** | **O** | **O** | **O** | | **O** |
| AM | 19. I can't see why I go to school and honestly, I don’t care. | **O** | **O** | **O** | **O** | **O** | **O** | | **O** |
| IA | 20. Because I feel satisfied when I am working to complete difficult tasks in school. | **O** | **O** | **O** | **O** | **O** | **O** | | **O** |
| EIN | 21. Because I want to show myself that I am an intelligent person. | **O** | **O** | **O** | **O** | **O** | **O** | | **O** |
| ER | 22. Because I want to have a better salary later on. | **O** | **O** | **O** | **O** | **O** | **O** | | **O** |
| ITK | 23. Because my studies allow me to continue to learn about many things that interest me.\*\* | **O** | **O** | **O** | **O** | **O** | **O** | | **O** |
| EID | 24. Because I believe that my secondary school education will make me a better worker. | **O** | **O** | **O** | **O** | **O** | **O** | | **O** |
| IS | 25. Because I have the "high" feeling while reading about various interesting subjects.\*\* | **O** | **O** | **O** | **O** | **O** | **O** | | **O** |
| AM | 26. I don't know; I can't understand what I am doing in school. | **O** | **O** | **O** | **O** | **O** | **O** | | **O** |
| IA | 27. Because secondary school allows me to feel satisfied when I work hard to excel in my studies.\*\* | **O** | **O** | **O** | **O** | **O** | **O** | | **O** |
| 1. EIN | 1. 28. Because I want to show myself that I can succeed in my studies. | **O** | **O** | **O** | **O** | **O** | **O** | | **O** |

**Note:**

**AM=**Amotivation**; ER=**External regulation; EIN=Introjected regulation; EID=Identified Regulation**; ITK=**Intrinsic Motivation to Know; **IAC**= Intrinsic Motivation towards Accomplishment**; IS=** Intrinsic Motivation to Experience Stimulation

**\***\*Intrinsic Motivation Items with highest loading; can be retained to reduce intrinsic motivation items to 6 items.

Reference:

Vallerand, R. J., Pelletier, L. G., Blais, M. R., Briere, N. M., Senecal, C., & Vallieres, E. F. (1992). The academic motivation scale: A measure of intrinsic, extrinsic, and amotivationivation in education. *Educational and Psychological Measurement, 52*, 1003–1017.

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